

MEET YOUR OT!

Monique



Welcome

Hi there. My name is Monique and I'm going to be your OT. An OT, or **O**ccupational **T**herapist, is someone who helps you to learn and do new things or helps you with things you find tricky – and we always try to have fun! I can't wait to meet you and find out what you love and think is fun so we can do it together!

Where do OTs work?

OTs work in lots of different places, either indoors or outdoors! For example, you may find me in our rooms in Diamond Creek, doing visits to homes, schools and kinders, or on telehealth.

When we meet

You might like to bring your favourite toy or game from home when you meet me, or you might like to send me a message with an idea of something fun we could do together.

About Me

I have 2 siblings

I have a dog named Rosie. She is a miniature Spoodle and her fur is a red/brown mix.

I love cooking and baking, sewing and being creative. Spotlight is my favourite shop!

My Favourites

Food: Pasta of any kind & Chocolate

Colour: Pink or Teal

Animal: Dogs or Turtles

Sport: Diving and Netball

My favourite thing about being an OT is: Having fun playing games and getting to know my clients



I look forward to seeing you soon!